



## MEDICAL TRAINING

# FIRST AID : BASIC LIFE SUPPORT

### *ABOUT THE TRAINING*

The Basic Life Support (BLS) training is the foundation for saving lives after cardiac arrest.

This course has been updated to reflect new science in the 2015 American Heart Association Guidelines Update for CPR and Emergency Cardiovascular Care.

This video-based, instructor-led course teaches both single-rescuer and team basic life support skills for application in both in-facility and prehospital settings.

### *MODULES*

- Learn the sign of someone needing CPR
- High-quality CPR skills acquisition for adults
- Gain the knowledge about effective ventilations
- Able to know the importance of high-quality CPR and its impact on survival



**SBL Khas Claimable**